Anna Thompson, Uncle Micklo Jarrett, ELisha Nelson

Giiguy the Peaceful Rainbow Serpent



An engaging story about connection, culture and learning to regulate our bodies.

This neuroaffirming picture book helps children explore emotions, understand their bodies, and discover the power of connection.

A story to read, share, explore and experience together.

LET'S MAKE SPACE FOR EVERY KIND OF MIND

Whether you're looking for an engaging, story, a resource to support energy regulation, or a way to introduce children to different perspectives and experiences, Giiguy is a wonderful addition to your collection.

The story introduces conversations about...

The diversity and importance of Aboriginal languages.
The connection between language, culture and identity.
Aboriginal storytelling and cultural knowledge.
Respecting and celebrating First Nations perspectives.

Connecting with the NSW Curriculum

Aboriginal Languages K-10 Syllabus (2022): The book provides opportunities to support learning about Aboriginal languages, including language maintenance, revival and the importance of language to culture and identity.
English K-10 Syllabus (2022): Supports engagement with diverse literature, storytelling, oral language and responding to texts.
PDHPE K-6 Syllabus (2024): Provides opportunities to explore emotional regulation, body awareness, self-management and personal well being.

Forever Growing Therapy
Little Constellations

More than just a story

Giiguy the Peaceful Rainbow Serpent is a story that introduces energy regulation through storytelling, imagination, and cultural connection.

Through the story of Giiguy, children are invited to explore how our bodies respond to the world around us, how we can support ourselves when energy feels too big or too small, and how connection can help us feel safe.

With gentle, accessible language and engaging illustrations, Giiguy provides opportunities for meaningful conversations about emotions, sensory experiences and regulation.

Created with neurodivergent children in mind, this story celebrates different ways of experiencing and interacting with the world.

Supporting little minds, one story at a time

This book offers opportunities to:

- Introduce energy regulation in an accessible, engaging way.
- Explore body awareness and emotional experiences.
- Encourage conversations about feelings and sensory needs.
- Introduce breathing and other regulation strategies.
- Celebrate culture, connection and storytelling.
- Support inclusive, neuroaffirming learning environments.

Perfect for...

- Early learning centres and preschools.
- Primary school classrooms.
- School and centre libraries.
- Wellbeing and social-emotional learning programs.
- Allied health and therapy settings.

What do the Gumbaynggirr Elders think about this book?

Giiguy was presented to the board at the Muurrbay language and culture cooperative in Nambucca Heads on Gumbaynggirr Homelands. The text was reviewed to ensure that it was correct, and changes were made to ensure that cultural messaging fits with ancestral stories. The book was finally approved, and will be stocked for sale in the Muurrbay office.



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Ever wondered... How can I include Aboriginal language into my classroom routine when I am not an Aboriginal person?

Giiguy comes with an audiobook version read by legendary language educator Michael Jarrett, (Uncle Micklo). You can respectfully include Aboriginal language education in your classroom routine whatever your ancestral heritage is by including a reading of Giiguy!

Could the book be used by school coucellors?

A beta version was trialed by a leading school psychologist. The psychologist reported that "I would love for all school councellors to have a copy!" The message of cultural connection, the perspective of diversity as a strength, and the view of energy being helpful in context; spoke positively to the children she shared the book with!

Has this book been useful for parents?

Using a beta version, the mother of an Indigenous child whose brain development was affected by trauma and autism, reported that "I use the audiobook to help me relax even when I'm by myself!", she and her son used the book to help them through moments of stress, or to settle their bodies and re-connect.

Has this book been tested in the classroom?

Yes it has! Beta versions have been used as part of the regular daily routine to prepare children to focus in the morning. The teacher of a stage one (k-3 classroom) reported that "the children all joined in doing the movements and were better able to settle into the morning focus activities."

A tool to help achieve Aboriginal Language Nest outcomes!

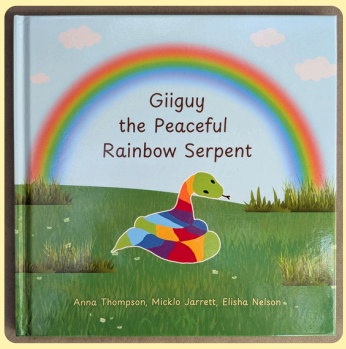
- Using a combination of Giiguy audiobook and Giiguy books, any educator can improve knowledge of, and competency in, Aboriginal language. Listening to Michael Jarrett's voice ensures that the children are hearing and learning directly from a man with Aboriginal heritage, and approved to teach by the key members of the local Aboriginal Community.
- Strengthens Aboriginal identity, pride and community resilience by sharing the message that Aboriginal language has meaning, it is accessible, it feels good to hear, speak, and respond to with action.
- The accessibility of the book for all educators increases the possibility that all children can become language learners, and can practice their language, with or without direct access to a language nest tutor.
- When children are encouraged to follow the actions in the story, the tools can prepare the body for focus. This is strengthened by building a connection to culture through use of Aboriginal languages, leading toward improved student engagement.

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Our Catalogue

Choose the format that works for your setting



Hard Cover

32 page, high quality hardback storybook, includes aboriginal language glossary and energy regulation tools

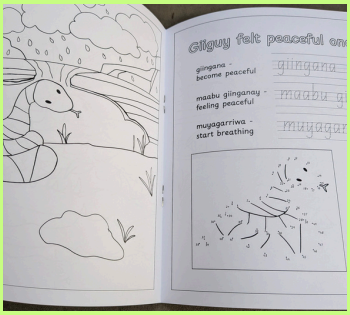
$35 AUD



Soft Cover

32 page, high quality softcover storybook, includes aboriginal language glossary and energy regulation tools

$28 AUD



Activity Book

30 page, colour softcover, includes 28 black & white pages for colouring, writing, language-reinforcement and energy regulation tools

$9.95 AUD



Audiobook

Story read by Uncle Micklo with Indigenous themed sound-scape by Shane Nelson
Free downloadable version with physical storybook purchase or

$15 AUD

Created with connection at its heart

This book was developed through collaboration between:

Anna Thompson (Forever Growing Therapy) Occupational Therapist, bringing professional insight into children's sensory experiences and emotional regulation.

Micklo Jarrett Aboriginal Elder, contributing cultural knowledge and guidance to help ensure the story honours its cultural connections.

Elisha Nelson An allied health assistant and developmental educator in training, passionate about creating inclusive, neuroaffirming resources for children.

Shane Nelson Proud Wiradjuri man, didgeridoo and digital musician, educator and Indigenous researcher.

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Interested in bringing the book to your school or centre?
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